

Grassington - Malham Moor

Start: Grassington, GR: SE 002 638

Distance: 17km

Ascent: 351m

Grade: Moderate

Scale 1:35000



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Yorkshire Dales National Park Authority 100023740 2008

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GRASSINGTON – MALHAM MOOR

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| Start and finish | Grassington National Park Centre car park. SE002 638 |
| Distance | 17km (10 miles) |
| Toilets | At the start |
| Pubs and cafes | Grassington, Kilnsey |
| Nearest train station | Skipton but its 10 miles off |

This all weather route takes you up a quiet back road up Wharfedale to Kilnsey with its impressive climbing crag. You then start up Mastiles Lane before heading off across Malham Moor on a mixture of grass track and high quality purpose built trail. The final section through the mine workings of Threshfield Moor is a superb descent on a rough gritstone track.

ROUTE DESCRIPTION

1. Turn left out of the car park and where the road goes left, go straight on by the sweet shop signed to Upper Wharfedale Cricket Club. Follow this quiet road through to Conistone. Turn left in the village and cross the River Wharfe to a T-junction with the B6160.
2. Turn right, go past the Trout fishery and then turn left. Climb up this road, cross a cattle grid to reach a track to the left signed to Malham Tarn. This is Mastiles Lane, and you follow this stone track up a short climb to an even shorter descent.
3. Take the bridleway to the left here. This climbs on a mixture of grass and limestone rocks and is a real challenge to clean a route. The grass track continues up over Green Haw Hill with the odd marker post to keep you on track. Cross a tarmac road and continue on to a short section of walled lane. Then take the path to on the right on an improved track. This climbs a few steps and enters a second walled lane.
4. At the end of the walled lane, cross a stream and carry straight on to reach a sign posted junction. Turn left and follow a final section of improved path to reach a classic rocky track descent. Follow this down through a couple of gates to reach a final gate and the start of a wide walled stone track.
5. Down this for 400m and where the tarmac starts, turn left to continue down a rough track. At the T-junction turn right and follow tarmac road out to reach the B6160. Turn right, then left back to Grassington.