

Upper Wharfedale

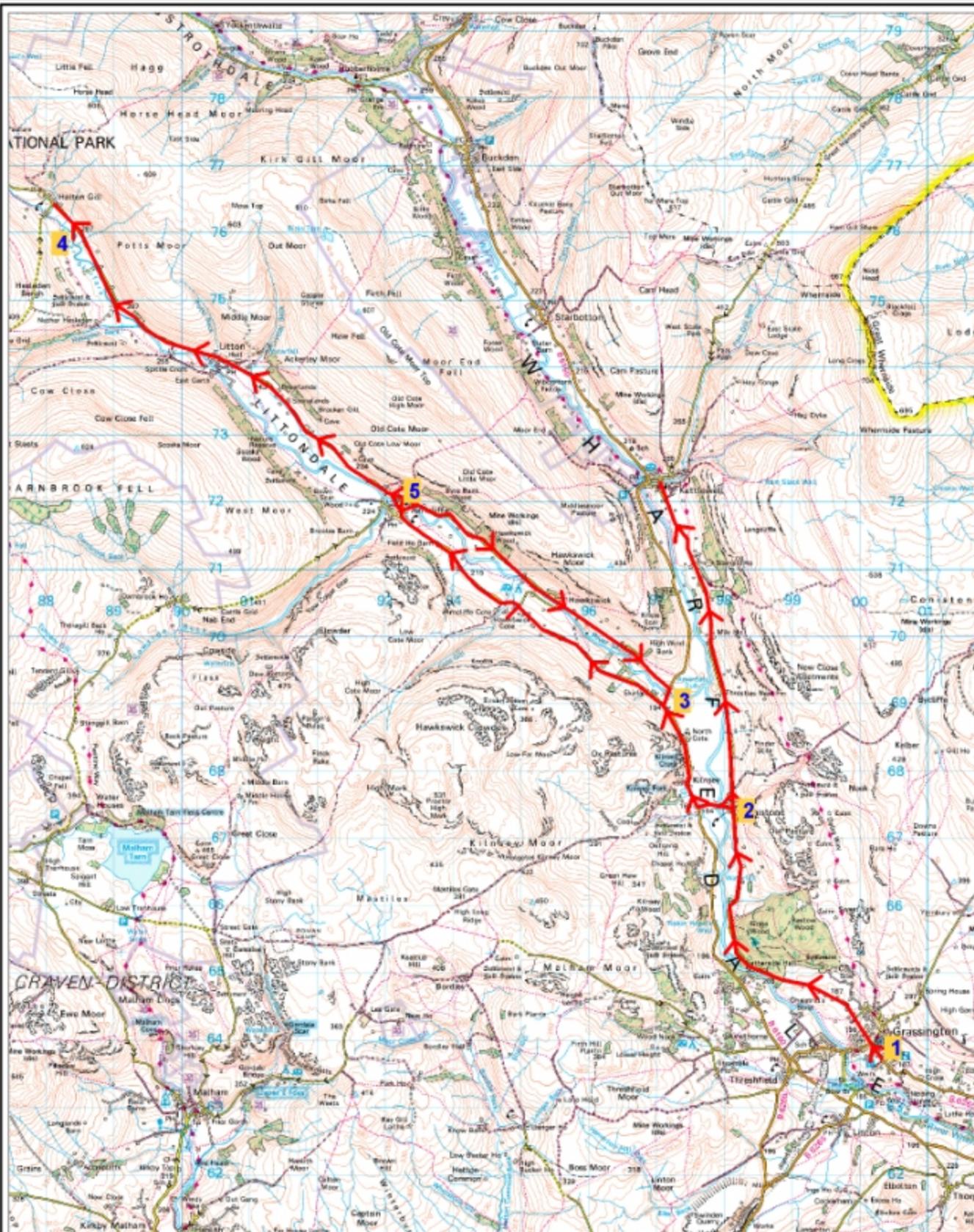
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YORKSHIRE DALES
National Park Authority

Start: Grassington

Distance: 6.5 miles (11km) to 23 miles (38km)



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UPPER WHARFEDALE AND LITTONDALE

Start and finish	Grassington National Park Centre
Distance	6.5 miles (11km) to 23 miles (38km) depending on route choice
Refreshments	Grassington, Kettlewell, Kilnsey, Arncliffe and Litton
Toilets	Grassington
Nearest train station	Skipton and Gargrave but both are about 10 miles

This is a lovely route exploring Upper Wharfedale and Littondale and has no big climbs on it. You can do shorter variations such as a return trip to Kilnsey (6.5 miles, 11km), or to Kettlewell (12 miles, 20km). Although an out and back ride, the change in views and scenery means that the return journey is never dull.

ROUTE DESCRIPTION

1. Turn left as you leave the National Park Centre. As you go round the left-hand bend, take the right turn by the Dales Toffee Shop. This lane takes you out of the village past Upper Wharfedale Cricket Club. After 3 miles (5km) you reach the hamlet of Conistone.
2. If you want to take the Kettlewell option turn right here. Otherwise, follow the road around to the left to Kilnsey. Cross over the River Wharfe to reach a T-junction. Turn right signed Kettlewell. This short section of busier road takes you past Kilnsey Park and Trout Farm, the Tennants Arms, and the dramatic Kilnsey Crag.
3. Shortly after Kilnsey Crag take the left turn to Arncliffe and Litton. This quiet road takes you up the beautiful valley of Littondale. You will reach Arncliffe with its village green and pub after 3 miles (5km).
4. To continue up the valley follow the signs for Litton and Halton Gill. At Litton you pass the Queens Arms and then the valley end is reached at Halton Gill, which has no facilities.
5. On your return journey as you reach the Arncliffe village sign take the single-track road to the left signed to Hawkswick. At the end of this road turn right to return to Kilnsey, and retrace your route back to Grassington.